



# 4th Global Moringa Nutrition & Wellness Conference 2026

18-19 April | 12:00-14:00 GMT

Theme: "Growing Good Health with Moringa: Nutrition, Wellness & Sustainable Livelihoods"

Online: Zoom | FREE Registration | LIMITED SPOTS: 100

## CONFERENCE HIGHLIGHTS:

Nutritional Support for Chronic Conditions  
The Science of Moringa Dosage  
Wholesome Quality Assurance  
Empowering Natural Recovery

## CONFERENCE OBJECTIVES:

Metabolism & Blood Sugar Management  
Diabetes & Hypertension Education  
Hypertension Risk & Prevention  
Stroke Recovery & Wellness

## WHO SHOULD ATTEND?

Health Practitioners & Nutritionists  
Researchers, Students & Herbalists  
Natural Health Entrepreneurs & NGOs  
Moringa Farmers & Producers

REGISTER / ENQUIRE: [africamoringahub.org](http://africamoringahub.org)



*Educational only. Not substitute for medical advice. Consult doctor.*

Follow AMH Online platforms for updates & the free joining link.

Written by Moringa City  
[www.africamoringahub.org](http://www.africamoringahub.org)

## DAY 1 - SATURDAY 18 APRIL 2026

# Focus: Metabolism, Blood Sugar & Diabetes

TIME	SESSION	SPEAKER & DETAILS	MODERATOR
12:00-12:10	Opening Remarks	<b><u>Gilbert Banda (Zambia)</u></b> Welcome, conference overview & speaker introduction	<b><u>Mariama Diallo</u></b> (Guinea Conakry & South Africa) - <b>English &amp; French translator</b>
12:10-12:25	<b>Speaker 1</b>	<b><u>Mignon Ndiaye (USA)</u></b> Metabolism & Blood Sugar Balance & Diabetes Education (Holistic/herbal approach)	
<b>12:25- 12:35: Live Q&amp;A - Audience interaction</b>			
12:35-12:50	<b>Speaker 2</b>	<b><u>Pastor Innocent Hankanimana (Burundi)</u></b> Hypertension Awareness	
<b>12:50- 1:00: Live Q&amp;A - Audience interaction</b>			
1:00-1:10	Pre-Recorded Video	<b><u>Moringa Colombia education Team</u></b> Prof.Lorena Ortiz, Prof. Gloria Soraya Arias (Colombia) Mr Diarra (Mali) <b>Moringa Nutrition Education</b>	<b><u>Mathias Mvula</u></b> (Zambia) <b>Support &amp; Testimonies Coordinator</b>
1:10-1:20	Live Testimonies	<b><u>Hement Kaphale (Nepal), Rokiatou Traore (Mali), Mr. Lamine SAMBA (Senegal)</u></b> Diabetes & digestion recovery testimony	
	Written Testimony	<b><u>Amiro Diallo (Mali)</u></b> Live Reading by <b><u>Bright Chipi, Botswana</u></b>	
1:20-1:35	<b>Speaker 3</b>	<b><u>Eva Lydeking (Denmark/ Ghana)</u></b> Holistic Nutrition & Moringa's Role in Sustainable Wellness	<b>Mariama Diallo</b>
1:35-1:45	Francophone Session	<b><u>Coordinated by Amadou Diakite (Mali)</u></b> Shared session (10 speakers × 1 min each)	
<b>1:45- 1:55: Panel Q&amp;A - Lead: Pastor Jeffrey Ofori-Nyarko</b>			<b>Eva Lydeking, Mignon Ndiaye</b>
1:55-2:00	Closing Remarks	<b><u>Dr. Dan Makosa (Uganda)</u></b> Day 1 Summary	

## DAY 2 - SUNDAY 19 APRIL 2026

### Focus: Hypertension & Stroke Education

TIME	SESSION	SPEAKER & DETAILS	MODERATOR
12:00-12:05	Welcome Back	<b><u>Bernadette Woods</u></b> (AMH Global Trade - South Africa) <b>Day 1 Recap</b>	<b><u>Mohana Gill</u></b> (Malaysia)
12:05-12:20	<b>Speaker 4</b>	<b><u>Ms Zodwa Baartjies - Nsibande (Eswatini)</u></b> Community Nutrition, Stroke Prevention & Recovery Support	
<b>12:20 - 12:30: Live Q&amp;A - Audience interaction</b>			<b>Mariama Diallo</b>
12:30-12:45	<b>Speaker 5</b>	<b><u>Pastor Innocent Hankanimana (Burundi)</u></b> Cardiovascular Health & Healthy Circulation	
<b>12:45 - 12:55: Live Q&amp;A - Audience interaction</b>			<b>Mathias Mvula</b> (Zambia) <b>Support &amp; Testimonies Coordinator</b>
12:55-1:05	Pre-Recorded Video	<b><u>Sakale Traore ( Mali) 2 video</u></b> Nutrition Connection	
1:05-1:15	Testimony Reading	<b><u>Lindiwe, South Africa.</u></b> Wellness testimony, diagnosed with HIV Live Reading by <b><u>Bright Chipi, Botswana</u></b>	
1:15-1:30	<b>Speaker 6</b>	<b><u>Eva Lydeking (Denmark / Ghana)</u></b> Practical Ways to Use Moringa in Daily Diets	<b>Mariama Diallo</b>
1:30-1:40	<b>Speaker 7</b> SPECIAL ADDRESS	<b><u>Prof. Ever Ramirez (Columbia)</u></b> Special Address from President of Moringa Colombia Education Team <b>From Traditional Knowledge to Scientific Validation: The global case for Moringa</b>	Presentation shared via zoom chat by <b><u>Dr. Dan Makosa</u></b>
1:30-1:35	<b>Speaker 8</b> SPECIAL ADDRESS	<b><u>Amadou Diakite (PAPA-Moringa) (Mali)</u></b> Special Address from President of Assoc. of Friends of Nature & the Moringa Tree (AANAM) <b>Moringa: Africa'Natural Solution to Diabetes, Malnutrition, and poverty</b>	<b>Mariama Diallo</b>
1:35-1:40	Francophone Session	<b>Coordinated by <u>Mariama Diallo</u></b> Shared session (10 speakers × 1 min each)	
<b>1:50 - 2:00 Panel Q&amp;A - Interactive Session with ALL "Day 2" Speakers</b>			
2:00-2:05	Closing Remarks	<b><u>Bernadette Woods</u></b> (AMH Global Trade, South Africa) <b>Final reflections &amp; Appreciation</b>	



# 4th Global Moringa Nutrition & Wellness Conference

18-19 April 2026



## POWERED BY OUR SPONSORS



Organized by:  
AMH Online

Promoted & Supported by:  
AMH Global Trade & Moringa City