



4th Global Moringa Nutrition & Wellness Conference 2026

18-19 April | 12:00-14:00 GMT

Theme: "Growing Good Health with Moringa: Nutrition, Wellness & Sustainable Livelihoods"

Online: Zoom | FREE Registration | LIMITED SPOTS: 100

CONFERENCE HIGHLIGHTS:

Nutritional Support for Chronic Conditions
The Science of Moringa Dosage
Wholesome Quality Assurance
Empowering Natural Recovery

CONFERENCE OBJECTIVES:

Metabolism & Blood Sugar Management
Diabetes & Hypertension Education
Hypertension Risk & Prevention
Stroke Recovery & Wellness

WHO SHOULD ATTEND?

Health Practitioners & Nutritionists
Researchers, Students & Herbalists
Natural Health Entrepreneurs & NGOs
Moringa Farmers & Producers

REGISTER / ENQUIRE: africamoringahub.org



Educational only. Not substitute for medical advice. Consult doctor.

Follow AMH Online platforms for updates & the free joining link.

Written by Moringa City
www.africamoringahub.org

DAY 1 - SATURDAY 18 APRIL 2026

Focus: Metabolism, Blood Sugar & Diabetes

TIME	SESSION	SPEAKER & DETAILS	MODERATOR
12:00-12:10	Opening Remarks	<u>Gilbert Banda (Zambia)</u> Welcome, conference overview & speaker introduction	<u>Mariama Diallo</u> (Guinea Conakry & South Africa) - English & French translator
12:10-12:25	Speaker 1	<u>Mignon Ndiaye (USA)</u> Metabolism & Blood Sugar Balance & Diabetes Education (Holistic/herbal approach)	
12:25- 12:35: Live Q&A - Audience interaction			
12:35-12:50	Speaker 2	<u>Pastor Innocent Hankanimana (Burundi)</u> Hypertension Awareness	
12:50- 1:00: Live Q&A - Audience interaction			
1:00-1:10	Pre-Recorded Video	<u>Moringa Colombia education Team</u> Prof.Lorena Ortiz, Prof. Gloria Soraya Arias (Colombia) Mr Diarra (Mali) Moringa Nutrition Education	<u>Mathias Mvula</u> (Zambia) Support & Testimonies Coordinator
1:10-1:20	Live Testimonies	<u>Hement Kaphale (Nepal), Rokiatou Traore (Mali), Mr. Lamine SAMBA (Senegal)</u> Diabetes & digestion recovery testimony	
	Testimony Reading	<u>Amiro Diallo (Mali)</u> “From Chronic Digestive Issues to Renewed Health” <u>Pastor Jeffrey Ofori-Nyarko (Ghana)</u> “From Near-Death to New Life - My Moringa Story” Live Reading by <u>Bright Chipi, Botswana</u>	
1:20-1:35	Speaker 3	<u>Eva Lydeking (Denmark/ Ghana)</u> Holistic Nutrition & Moringa’s Role in Sustainable Wellness	
1:35-1:45	Francophone Session	Coordinated by <u>Amadou Diakite (Mali)</u> Shared session (10 speakers × 1 min each)	Mariama Diallo
1:45- 1:55: Panel Q&A - Eva Lydeking & Mignon Ndiaye			
1:55-2:00	Closing Remarks	<u>Dr. Dan Makosa (Uganda)</u> Day 1 Summary	

DAY 2 - SUNDAY 19 APRIL 2026

Focus: Hypertension & Stroke Education

TIME	SESSION	SPEAKER & DETAILS	MODERATOR
12:00-12:05	Welcome Back	<u>Bernadette Woods</u> (AMH Global Trade - South Africa) Day 1 Recap	<u>Mohana Gill</u> (Malaysia)
12:05-12:20	Speaker 4	<u>Ms Zodwa Baartjies - Nsibande (Eswatini)</u> Community Nutrition, Stroke Prevention & Recovery Support	
12:20 - 12:30: Live Q&A - Audience interaction			Mariama Diallo
12:30-12:45	Speaker 5	<u>Eva Lydeking (Denmark / Ghana)</u> Cardiovascular Health & Healthy Circulation	
12:45 - 12:55: Live Q&A - Audience interaction			
12:55-1:05	Pre-Recorded Video	<u>Sakale Traore (Mali) 2 video</u> Nutrition Connection	Mathias Mvula (Zambia) Support & Testimonies Coordinator
1:05-1:15	Testimony Reading	Lindiwe, South Africa. Wellness testimony, diagnosed with HIV Live Reading by Bright Chipi, Botswana	
1:15-1:30	Speaker 6	<u>Eva Lydeking (Denmark / Ghana)</u> Practical Ways to Use Moringa in Daily Diets	Mariama Diallo
1:30-1:40	Speaker 7 SPECIAL ADDRESS	<u>Prof. Ever Ramirez (Columbia)</u> Special Address from President of Moringa Colombia Education Team From Traditional Knowledge to Scientific Validation: The global case for Moringa	Presentation shared via zoom chat by Dr. Dan Makosa
1:40-1:45	Speaker 8 SPECIAL ADDRESS	<u>Amadou Diakite (PAPA-Moringa) (Mali)</u> Special Address from President of Assoc. of Friends of Nature & the Moringa Tree (AANAM) Moringa: Africa'Natural Solution to Diabetes, Malnutrition, and poverty	Mariama Diallo
1:45-1:50	Francophone Session	Coordinated by <u>Mariama Diallo</u> Shared session (10 speakers × 1 min each)	
1:50 - 2:00 Panel Q&A - Interactive Session with ALL "Day 2" Speakers			
2:00-2:05	Closing Remarks	<u>Bernadette Woods</u> (AMH Global Trade, South Africa) Final reflections & Appreciation	



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